

Dr William L Walter

MBBS, FRACS (Orth), PhD (surgery)

Orthopaedic Surgeon - Hip & Knee Replacement Surgery

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Consulting rooms at
North Sydney, Chatswood
and Dee Why.

All appointments
02 8920 3388

All correspondence to:
Dr William L Walter,
Mater Clinic, Suite 1.08
Level 1, 3-9 Gillies Street
North Sydney NSW 2060

Hip Arthroscopy:

Post-operative instructions for patient

A/Prof William L Walter – Orthopaedic Surgeon

- Dressings used are waterproof and can remain on until follow-up visit.
- You may shower when you return home after the surgery but you should keep the wound protected from water until the incisions are dry.
- Elevate your leg several times throughout the day to reduce swelling.
- Swimming in a pool or the ocean is not recommended until the wound is healed or after follow-up visit at 2 weeks.
- If you develop fever, redness or drainage from the surgical incision site please call the rooms on 8920 3388 to speak with Lyn McDonald (orthopaedic nurse consultant) and arrange an appointment if necessary, or contact the Mater Hospital after hours on 9900 7300.
- Driving is permitted on post-operative day 5. Use your common sense as to whether you have the strength in your leg to operate the pedals, especially if it is your right hip.
- Physiotherapy can wait until after the first follow-up visit with Dr Walter.
- Rehabilitation as per Dr Walter's protocol attached.
- Please call the office to schedule follow-up appointment around 2 weeks post-operatively.

Dr William L Walter
Hip & knee surgeon

Dr William K Walter
Hip & knee surgeon

Dr Bernard Zicat
Hip & knee surgeon

Dr Mark Hile
Hand & wrist surgeon

Dr Matthew Sherlock
Shoulder & elbow surgeon

Dr Davor Saravanja
Spine surgeon

Dr Stephen Wilson
Rehabilitation physician